

Friday, November 1, 2024

Bayshore Field House

Date and Time: Friday, November 1 10:00 am - 12:00 pm

Address: 175 Woodridge Crescent Nepean, ON K2B 7T2

Neighbourhood Health and Wellness Hub

No appointment required

Saturday, November 2, 2024

Canadian Mothercraft of Ottawa

Date and Time: Saturday, November 2 10:00 am - 12:30 pm

Address: 475 Evered Ave, Ottawa, ON K1Z 5K9

No appointment required

Sunday, November 3, 2024

St. Laurent Complex

Date and Time: Sunday, November 3 10:00 am - 12:30 pm

Address: 525 Coté St, Ottawa, ON K1K 0Z8

No appointment required.

Monday, November 4, 2024

Andrew Fleck Children's Services

Date and Time: Monday, November 4 1:00 pm - 3:00 pm

Address: 2330 Don Reid Dr #101, Ottawa, ON K1H 1E1

No appointment required.

Tuesday, November 5, 2024

Ottawa Public Library - Ruth E. Dickinson

Date and Time: Tuesday, November 5 1:00 pm - 3:00 pm

Address: 100 Malvern Dr, Nepean, ON K2J 2G5

No appointment required.

Vanier Community Service Centre

Date and Time: Tuesday, November 5 1:30 pm - 3:30 pm

Address: 270 Marier Ave Vanier, ON K1L 5P8

No appointment required

2nd Floor

Wednesday, November 6, 2024

Ottawa Public Library - Beaverbrook

Date and Time: Wednesday, November 6 1:00 pm - 3:00 pm

Address: 2500 Campeau Dr, Kanata, Ontario, K2K 2W3

No appointment required.

Thursday, November 7, 2024

Orléans-Cumberland Community Resource Centre

Date and Time: Thursday, November 7 1:30 pm - 3:30 pm

Address: 240 Centrum Blvd, Orléans, ON K1E 3J4

No appointment required.

Friday, November 8, 2024

Bayshore Field House

Date and Time: Friday, November 8 10:00 am - 12:00 pm

Address: 175 Woodridge Crescent Nepean, ON K2B 7T2

Neighbourhood Health and Wellness Hub

No appointment required

Saturday, November 9, 2024

Canadian Mothercraft of Ottawa

Date and Time: Saturday, November 9 10:00 am - 12:30 pm

Address: 475 Evered Ave, Ottawa, ON K1Z 5K9

No appointment required

Sunday, November 10, 2024

St. Laurent Complex

Date and Time: Sunday, November 10 10:00 am - 12:30 pm

Address: 525 Coté St, Ottawa, ON K1K 0Z8

No appointment required.

Tuesday, November 12, 2024

Ottawa Public Library - Ruth E. Dickinson

Date and Time: Tuesday, November 12 1:00 pm - 3:00 pm

Address: 100 Malvern Dr, Nepean, ON K2J 2G5

No appointment required.

Vanier Community Service Centre

Date and Time: Tuesday, November 12 1:30 pm - 3:30 pm

Address: 270 Marier Ave Vanier, ON K1L 5P8

No appointment required
2nd Floor

Wednesday, November 13, 2024

Ottawa Public Library - Beaverbrook

Date and Time: Wednesday, November 13 1:00 pm - 3:00 pm

Address: 2500 Campeau Dr, Kanata, Ontario, K2K 2W3

No appointment required.

Thursday, November 14, 2024

Orléans-Cumberland Community Resource Centre

Date and Time: Thursday, November 14 1:30 pm - 3:30 pm

Address: 240 Centrum Blvd, Orléans, ON K1E 3J4

No appointment required.

Friday, November 15, 2024

Bayshore Field House

Date and Time: Friday, November 15 10:00 am - 12:00 pm

Address: 175 Woodridge Crescent Nepean, ON K2B 7T2

Neighbourhood Health and Wellness Hub

No appointment required

Saturday, November 16, 2024

Canadian Mothercraft of Ottawa

Date and Time: Saturday, November 16 10:00 am - 12:30 pm

Address: 475 Evered Ave, Ottawa, ON K1Z 5K9

No appointment required

Sunday, November 17, 2024

St. Laurent Complex

Date and Time: Sunday, November 17 10:00 am - 12:30 pm

Address: 525 Côté St, Ottawa, ON K1K 0Z8

No appointment required.

Monday, November 18, 2024

Andrew Fleck Children's Services

Date and Time: Monday, November 18 1:00 pm - 3:00 pm

Address: 2330 Don Reid Dr #101, Ottawa, ON K1H 1E1

No appointment required.

Tuesday, November 19, 2024

Ottawa Public Library - Ruth E. Dickinson

Date and Time: Tuesday, November 19 1:00 pm - 3:00 pm

Address: 100 Malvern Dr, Nepean, ON K2J 2G5

No appointment required.

Vanier Community Service Centre

Date and Time: Tuesday, November 19 1:30 pm - 3:30 pm

Address: 270 Marier Ave Vanier, ON K1L 5P8

No appointment required

2nd Floor

Wednesday, November 20, 2024

Ottawa Public Library - Beaverbrook

Date and Time: Wednesday, November 20 1:00 pm - 3:00 pm

Address: 2500 Campeau Dr, Kanata, Ontario, K2K 2W3

No appointment required.

Thursday, November 21, 2024

Orléans-Cumberland Community Resource Centre

Date and Time: Thursday, November 21 1:30 pm - 3:30 pm

Address: 240 Centrum Blvd, Orléans, ON K1E 3J4

No appointment required.

Friday, November 22, 2024

Bayshore Field House

Date and Time: Friday, November 22 10:00 am - 12:00 pm

Address: 175 Woodridge Crescent Nepean, ON K2B 7T2

[Neighbourhood Health and Wellness Hub](#)

No appointment required

Saturday, November 23, 2024

Canadian Mothercraft of Ottawa

Date and Time: Saturday, November 23 10:00 am - 12:30 pm

Address: 475 Evered Ave, Ottawa, ON K1Z 5K9

No appointment required

Sunday, November 24, 2024

St. Laurent Complex

Date and Time: Sunday, November 24 10:00 am - 12:30 pm

Address: 525 Coté St, Ottawa, ON K1K 0Z8

No appointment required.

Monday, November 25, 2024

Andrew Fleck Children's Services

Date and Time: Monday, November 25 1:00 pm - 3:00 pm

Address: 2330 Don Reid Dr #101, Ottawa, ON K1H 1E1

No appointment required.

Tuesday, November 26, 2024

Ottawa Public Library - Ruth E. Dickinson

Date and Time: Tuesday, November 26 1:00 pm - 3:00 pm

Address: 100 Malvern Dr, Nepean, ON K2J 2G5

No appointment required.

Vanier Community Service Centre

Date and Time: Tuesday, November 26 1:30 pm - 3:30 pm

Address: 270 Marier Ave Vanier, ON K1L 5P8

No appointment required

2nd Floor

Wednesday, November 27, 2024

Ottawa Public Library - Beaverbrook

Date and Time: Wednesday, November 27 1:00 pm - 3:00 pm

Address: 2500 Campeau Dr, Kanata, Ontario, K2K 2W3

No appointment required.

Thursday, November 28, 2024

Orléans-Cumberland Community Resource Centre

Date and Time: Thursday, November 28 1:30 pm - 3:30 pm

Address: 240 Centrum Blvd, Orléans, ON K1E 3J4

No appointment required.

Friday, November 29, 2024

Bayshore Field House

Date and Time: Friday, November 29 10:00 am - 12:00 pm

Address: 175 Woodridge Crescent Nepean, ON K2B 7T2

Neighbourhood Health and Wellness Hub

No appointment required

Saturday, November 30, 2024

Canadian Mothercraft of Ottawa

Date and Time: Saturday, November 30 10:00 am - 12:30 pm

Address: 475 Evered Ave, Ottawa, ON K1Z 5K9

No appointment required