

Tuesday, October 1, 2024

Ottawa Public Library - Ruth E. Dickinson

Date and Time: Tuesday, October 1 1:00 pm - 3:00 pm

Address: 100 Malvern Dr, Nepean, ON K2J 2G5

No appointment required.

Vanier Community Service Centre

Date and Time: Tuesday, October 1 1:30 pm - 3:30 pm

Address: 270 Marier Ave Vanier, ON K1L 5P8

No appointment required
2nd Floor

Wednesday, October 2, 2024

Ottawa Public Library - Beaverbrook

Date and Time: Wednesday, October 2 1:00 pm - 3:00 pm

Address: 2500 Campeau Dr, Kanata, Ontario, K2K 2W3

No appointment required.

Thursday, October 3, 2024

Orléans-Cumberland Community Resource Centre

Date and Time: Thursday, October 3 1:30 pm - 3:30 pm

Address: 240 Centrum Blvd, Orléans, ON K1E 3J4

No appointment required.

Friday, October 4, 2024

Bayshore Field House

Date and Time: Friday, October 4 10:00 am - 12:00 pm

Address: 175 Woodridge Crescent Nepean, ON K2B 7T2

Neighbourhood Health and Wellness Hub

No appointment required

Saturday, October 5, 2024

Canadian Mothercraft of Ottawa

Date and Time: Saturday, October 5 10:00 am - 12:30 pm

Address: 475 Evered Ave, Ottawa, ON K1Z 5K9

No appointment required

Sunday, October 6, 2024

St. Laurent Complex

Date and Time: Sunday, October 6 10:00 am - 12:30 pm

Address: 525 Coté St, Ottawa, ON K1K 0Z8

No appointment required.

Monday, October 7, 2024

Andrew Fleck Children's Services

Date and Time: Monday, October 7 1:00 pm - 3:00 pm

Address: 2330 Don Reid Dr #101, Ottawa, ON K1H 1E1

No appointment required.

Tuesday, October 8, 2024

Ottawa Public Library - Ruth E. Dickinson

Date and Time: Tuesday, October 8 1:00 pm - 3:00 pm

Address: 100 Malvern Dr, Nepean, ON K2J 2G5

No appointment required.

Vanier Community Service Centre

Date and Time: Tuesday, October 8 1:30 pm - 3:30 pm

Address: 270 Marier Ave Vanier, ON K1L 5P8

No appointment required

2nd Floor

Wednesday, October 9, 2024

Ottawa Public Library - Beaverbrook

Date and Time: Wednesday, October 9 1:00 pm - 3:00 pm

Address: 2500 Campeau Dr, Kanata, Ontario, K2K 2W3

No appointment required.

Thursday, October 10, 2024

Orléans-Cumberland Community Resource Centre

Date and Time: Thursday, October 10 1:30 pm - 3:30 pm

Address: 240 Centrum Blvd, Orléans, ON K1E 3J4

No appointment required.

Friday, October 11, 2024

Bayshore Field House

Date and Time: Friday, October 11 10:00 am - 12:00 pm

Address: 175 Woodridge Crescent Nepean, ON K2B 7T2

Neighbourhood Health and Wellness Hub

No appointment required

Saturday, October 12, 2024

Canadian Mothercraft of Ottawa

Date and Time: Saturday, October 12 10:00 am - 12:30 pm

Address: 475 Evered Ave, Ottawa, ON K1Z 5K9

No appointment required

Sunday, October 13, 2024

St. Laurent Complex

Date and Time: Sunday, October 13 10:00 am - 12:30 pm

Address: 525 Coté St, Ottawa, ON K1K 0Z8

No appointment required.

Tuesday, October 15, 2024

Ottawa Public Library - Ruth E. Dickinson

Date and Time: Tuesday, October 15 1:00 pm - 3:00 pm

Address: 100 Malvern Dr, Nepean, ON K2J 2G5

No appointment required.

Vanier Community Service Centre

Date and Time: Tuesday, October 15 1:30 pm - 3:30 pm

Address: 270 Marier Ave Vanier, ON K1L 5P8

No appointment required
2nd Floor

Wednesday, October 16, 2024

Ottawa Public Library - Beaverbrook

Date and Time: Wednesday, October 16 1:00 pm - 3:00 pm

Address: 2500 Campeau Dr, Kanata, Ontario, K2K 2W3

No appointment required.

Thursday, October 17, 2024

Orléans-Cumberland Community Resource Centre

Date and Time: Thursday, October 17 1:30 pm - 3:30 pm

Address: 240 Centrum Blvd, Orléans, ON K1E 3J4

No appointment required.

Friday, October 18, 2024

Bayshore Field House

Date and Time: Friday, October 18 10:00 am - 12:00 pm

Address: 175 Woodridge Crescent Nepean, ON K2B 7T2

[Neighbourhood Health and Wellness Hub](#)

No appointment required

Saturday, October 19, 2024

Canadian Mothercraft of Ottawa

Date and Time: Saturday, October 19 10:00 am - 12:30 pm

Address: 475 Evered Ave, Ottawa, ON K1Z 5K9

No appointment required

Sunday, October 20, 2024

St. Laurent Complex

Date and Time: Sunday, October 20 10:00 am - 12:30 pm

Address: 525 Coté St, Ottawa, ON K1K 0Z8

No appointment required.

Monday, October 21, 2024

Andrew Fleck Children's Services

Date and Time: Monday, October 21 1:00 pm - 3:00 pm

Address: 2330 Don Reid Dr #101, Ottawa, ON K1H 1E1

No appointment required.

Tuesday, October 22, 2024

Ottawa Public Library - Ruth E. Dickinson

Date and Time: Tuesday, October 22 1:00 pm - 3:00 pm

Address: 100 Malvern Dr, Nepean, ON K2J 2G5

No appointment required.

Vanier Community Service Centre

Date and Time: Tuesday, October 22 1:30 pm - 3:30 pm

Address: 270 Marier Ave Vanier, ON K1L 5P8

No appointment required
2nd Floor

Wednesday, October 23, 2024

Ottawa Public Library - Beaverbrook

Date and Time: Wednesday, October 23 1:00 pm - 3:00 pm

Address: 2500 Campeau Dr, Kanata, Ontario, K2K 2W3

No appointment required.

Thursday, October 24, 2024

Orléans-Cumberland Community Resource Centre

Date and Time: Thursday, October 24 1:30 pm - 3:30 pm

Address: 240 Centrum Blvd, Orléans, ON K1E 3J4

No appointment required.

Friday, October 25, 2024

Bayshore Field House

Date and Time: Friday, October 25 10:00 am - 12:00 pm

Address: 175 Woodridge Crescent Nepean, ON K2B 7T2

[Neighbourhood Health and Wellness Hub](#)

No appointment required

Saturday, October 26, 2024

Canadian Mothercraft of Ottawa

Date and Time: Saturday, October 26 10:00 am - 12:30 pm

Address: 475 Evered Ave, Ottawa, ON K1Z 5K9

No appointment required

Sunday, October 27, 2024

St. Laurent Complex

Date and Time: Sunday, October 27 10:00 am - 12:30 pm

Address: 525 Coté St, Ottawa, ON K1K 0Z8

No appointment required.

Monday, October 28, 2024

Andrew Fleck Children's Services

Date and Time: Monday, October 28 1:00 pm - 3:00 pm

Address: 2330 Don Reid Dr #101, Ottawa, ON K1H 1E1

No appointment required.

Tuesday, October 29, 2024

Ottawa Public Library - Ruth E. Dickinson

Date and Time: Tuesday, October 29 1:00 pm - 3:00 pm

Address: 100 Malvern Dr, Nepean, ON K2J 2G5

No appointment required.

Vanier Community Service Centre

Date and Time: Tuesday, October 29 1:30 pm - 3:30 pm

Address: 270 Marier Ave Vanier, ON K1L 5P8

No appointment required

2nd Floor

Wednesday, October 30, 2024

Ottawa Public Library - Beaverbrook

Date and Time: Wednesday, October 30 1:00 pm - 3:00 pm

Address: 2500 Campeau Dr, Kanata, Ontario, K2K 2W3

No appointment required.

Thursday, October 31, 2024

Orléans-Cumberland Community Resource Centre

Date and Time: Thursday, October 31 1:30 pm - 3:30 pm

Address: 240 Centrum Blvd, Orléans, ON K1E 3J4

No appointment required.

<https://calendars.ottawapublichealth.ca>